

Why Am I Always So Tense

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What should I do with my broken English?

I should read a lot, speak as much as I can and listen to the radio and to people.

Why am I always so tense?

I have a lot of responsibility for the members of my family and for myself.

Why do I love the color green?

Green makes me feel calm, refreshed, and young.

How should I control my son's behavior?

I should hold back my words of anger and be strong with him.

Why do I want to lose weight?

I want to be attractive and to feel good.

Why do I always listen to my mother?

I respect her opinion and do not want to disappoint her.

Why don't I want to move to another apartment?

I am afraid of difficulties with moving; I'm afraid of having problems with my landlord and of living in a new place.

Why do I always consider another person's opinion and agree with him?

I do not want to hurt somebody or to get involved in disputes.

Why don't I have a goal?

I guess I just don't yet know what I want.

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